

NAV PRACTICE - Loughrigg Fell (Lakes)

Instructions

1st – Get the free Sporteering app from [Google Play](#) (for android) or from the [App Store](#) (for Apple iPhones). Register your details with them.

2nd – For the course below simply search for it on your Sporteering app. (Just scroll through 'Events'). Filter the results by Country (UK) Discipline (Foot) and distance to start. Scroll through the events until you find "Loughrigg Fell (Lakes) by Will4Adventure".

3rd – Use the map and notes below to mark up your map before you head out.

4th – In the Sporteering app, start the course by clicking on "Scan GPS" once you are at the start/finish location and the clock will begin ticking. Every time you think you are in the right location for the leg, scan GPS and you will find out instantly if you are right or not.

5th – Finish the course by clicking on "Scan GPS" on the Sporteering app once you are at the start/finish location

Nearest pub: The Glen Rothay Hotel and Badger Bar

START / FINISH: [Pelter Bridge Car Park](#) NY 365 060

Time permitted: 4 hours



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Will4Adventure.com

e: will@will4adventure.com

t: 07791860163