

# NAV PRACTICE - Pen-y-Gwryd (Snowdonia)

## Instructions

1st – Get the free Sporteering app from [Google Play](#) (for android) or from the [App Store](#) (for Apple iPhones). Register your details with them.

2nd – For the course below simply search for it on your Sporteering app. (Just scroll through 'Events'). Filter the results by Country (UK) Discipline (Foot) and distance to start. Scroll through the events until you find "Pen-y-Gwryd (Snowdonia) by Will4Adventure".

3rd – Use the map and notes below to mark up your map before you head out.

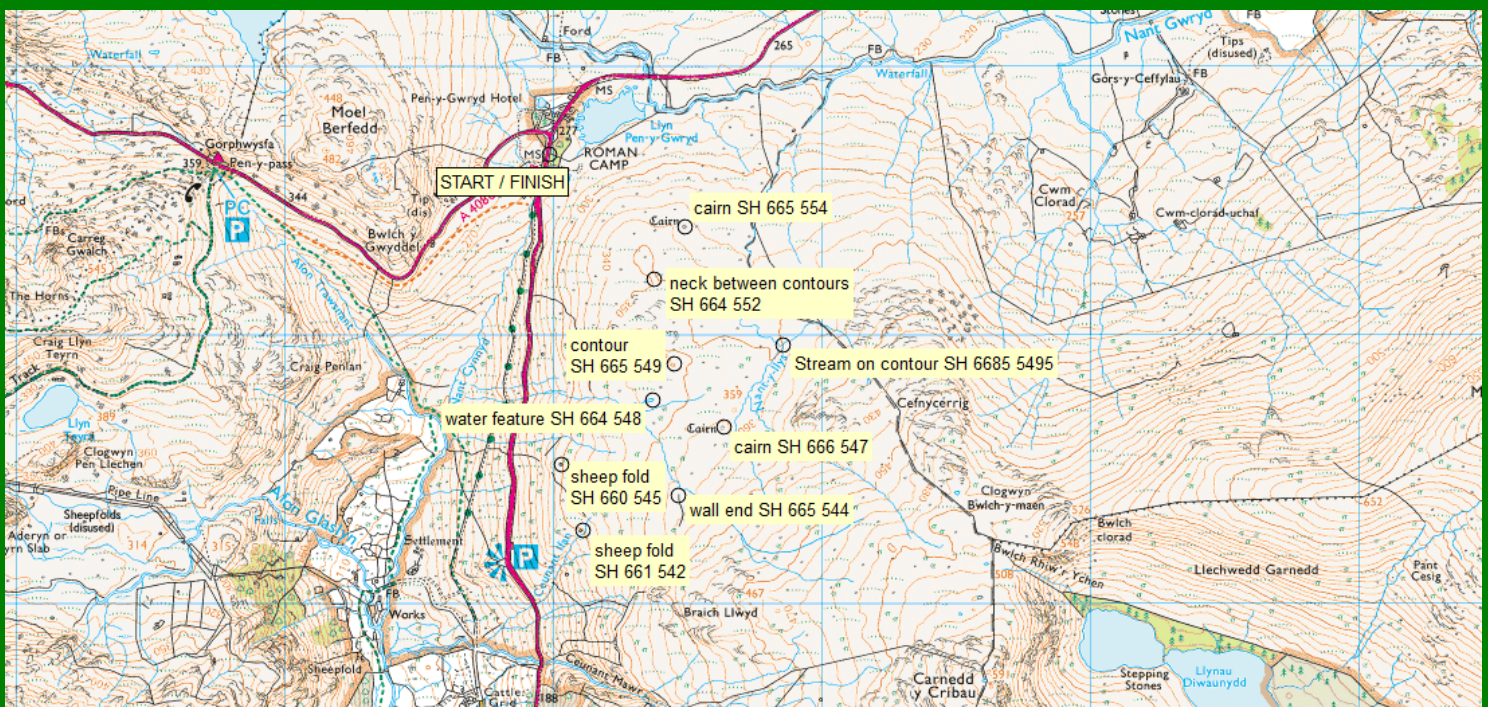
4th – In the Sporteering app, start the course by clicking on "Scan GPS" once you are at the start/finish location and the clock will begin ticking. Complete the check points in any order you choose. Every time you think you are in the right location for the leg, scan GPS and you will find out instantly if you are right or not.

5th – Finish the course by clicking on "Scan GPS" on the Sporteering app once you are at the start/finish location

**Nearest pub:** Pen Y Gwryd Hotel

**START / FINISH:** Roadside parking / stile at SH 660 557

**Time permitted:** 4 hours



## OUTDOOR FIRST AID

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## Advanced Nav Training

Peak District / Snowdonia

1:1 courses/ group bookings

Night navigation

[Will4Adventure.com](http://Will4Adventure.com)

e: [will@will4adventure.com](mailto:will@will4adventure.com)

t: 07791860163