



Hill Skills 1 - Bronze Details

General Outline

These are the details for the Hill Skills & Navigation 1 Bronze courses taking place in the Peak District National Park.

Plan

Day 1 - We'll meet up and head immediately into the café. Here we'll talk about the day ahead and have a look at the map and at the day's route. After talking about kit for the hill we'll head out for the day and practice those navigation skills.

Day 2 – Out on the hill again – to finish by 4pm.

Meeting time and place

Meet up in the morning at 9.30am in the [Hathersage Pool Café on Oddfellows Rd.](#) Please text or call us on 07740461965 if there are any problems.

Food

As you please – but you will need to bring good food for Saturday and Sunday – make sure you pack sandwiches and snacks such as dried fruit and nuts ([better than chocolate](#)). In the evening we can eat at the pub that serves the usual pub food.

Equipment

Main rules of thumb

- On the hill it could be as cold as -5°C in the wind chill – so bring warm kit
- Expect rain/snow
- Steer clear of all things cotton (no jeans on the hill!)
- Whatever you use, make sure it's comfortable.

You will need:

- Day-sack (lined with a plastic bag)
- Water bottles with 1-2 litres of water (depending on weather)
- Lunch and snacks
- Waterproof jacket & trousers
- Comfortable boots
- Personal [1st Aid kit](#) including blister kit (eg Compeed)

Optional items if you have them:

- OS Map sheets 1:50,000 No.110 and 1:25,000 OL1 and OL24
- Walking poles
- Compass
- Gaiters (man-eating bog proof)

Payment of balance

The cost of this course is £125. If you have yet to pay, here are the details:

- By cheque posted to Will4Adventure Ltd, 13 Spring Hill, Sheffield, S10 1ET
- By BACS to: Will4Adventure Ltd
Sort code: 05-08-18
Account number: 33259456

Please pay at least one month before the course/event and let us know when you do so. Many thanks!

Accommodation

From campsites and barns to youth hostels and B&B's - it's all to be had nearby in Castleton. [Check out some accommodation suggestions here](#). And there's always [AirBnB!](#)

Public transport

Hathersage has a station on the Hope Valley line.

Taxis will need to be pre-booked – try these numbers:

Ryders Taxis	07805 029226
SOS Taxis	01433 650975
Paul's Hire	07972 583586
Penny's	07917 710771
Nice	07977 402060

Consent form

Before you can join us on this course [we need you to complete this consent form](#). If you haven't done this yet, please do so now. Unless you have completed this consent form we are not insured and so won't be able to allow you to join us.

Questions

Ok, that's it I think – please fire away if you have any questions.