



Scrambles Weekend Details

Snowdonia Scrambles – Tryfan & Snowdon via Crib Goch

General Outline

The weekend is two days on the mountains of Snowdonia - and incorporates some excellent grade 1 scrambling for which you will need a head for heights. This may take you out of your comfort zone, but for the most it should just be a rewarding and exciting way to get to the top of a mountain and it should not be a reason to put you off. No technical climbing skills as such are required, and nor is any climbing equipment. For safety reasons, in the event of adverse weather conditions it may be necessary to cancel the scrambling plan and do solely hill-walking instead.

Plan

Saturday – with a close eye on what the weather's doing and where it's coming from our plan will be to ascend Tryfan's North Ridge.

Sunday will be a slightly shorter day with a traverse of Crib Goch. You should be done by 4.00pm.

Meeting time and place

We will meet outside the [Siabod Café](#) in Capel Curig on the Saturday morning at **9.30am**. In the event of any problem on the day please call/text us on 077 4046 1965 but beware the signal is really poor here.

Accommodation

From campsites and barns to youth hostels and B&B's – there's plenty around in Snowdonia although this is a very popular area and accommodation books up fast throughout the year. Lots of the campsites don't need booking though and there's usually plenty of room. [Check out some accommodation suggestions here](#). And there's always [AirBnB!](#)

Equipment

Main rules of thumb

- Expect rain
- Expect midges if you're camping
- Steer clear of all things cotton (no jeans on the hill!)
- Whatever you use, make sure it's comfortable.

You will need:

- Day-sack (lined with a plastic bag)
- 2 x 1 litre water bottles
- Lunch and snacks
- Waterproof jacket & trousers
- Warm mid layer
- Hat & gloves
- Comfortable walking boots
- Head torch and spare batteries
- Whistle
- Camera
- Personal [1st Aid kit](#) including blister kit (eg Compeed)

Optional items if you have them:

- OS Map sheets 1:50,000 No.115 and 1:25,000 OL17
- Walking poles

Food

As you please – but you will need to bring good food for Saturday and Sunday – make sure you pack sandwiches and snacks such as dried fruit and nuts ([better than chocolate](#)). In the evening our preference is to head to the legendary café in Llanberis – [Pete's Eats](#). Good basic food (chickpea and spinach curry gets our thumbs up at the moment) at very reasonable prices.

Payment of balance

The cost of this course is £130. If you have yet to pay, here are the details:

- By cheque posted to Will4Adventure Ltd, 13 Spring Hill, Sheffield, S10 1ET
- By BACS to: Will4Adventure Ltd
Sort code: 05-08-18
Account number: 33259456

Please pay at least one month before the course/event and let us know when you do so. Many thanks!

Consent form

Before you can join us on this course [we need you to complete this consent form](#). If you haven't done this yet, please do so now. Unless you have completed this consent form we are not insured and so won't be able to allow you to join us.

Questions

Ok, that's it I think – please fire away if you have any questions.