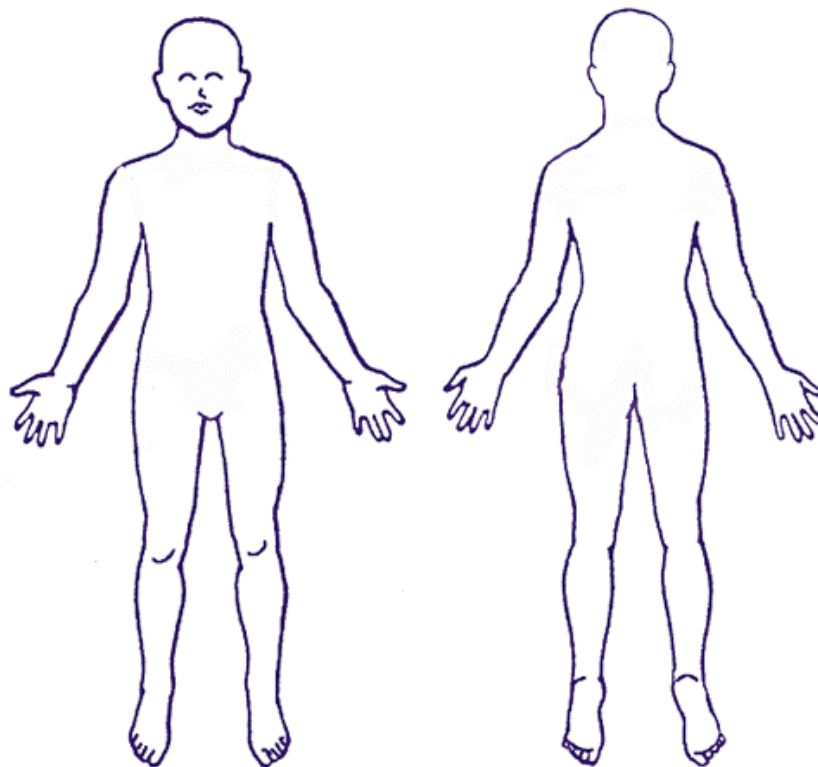


Casualty Monitoring Card

Date	Time	Location – six fig grid including map letter code
Number in group	Weather	Location description / terrain dangers
Cas name		Address
Cas tel no		
ICE Name		ICE tel number(s)
Mechanism of injury. (What happened? How did it happen to the casualty?)		
Name of first aider		Tel numbers of first aiders present

DIAL 999 – ASK FOR POLICE & REQUEST MOUNTAIN RESCUE

Indicate injury site on diagrams and add any comments



Casualty Monitoring Card

	Information	Questions to ask
S	Signs & Symptoms	What do you see? How is the casualty?
A	Allergies Age Athleticism	
M	Medication	What meds are you on? Details
P	Past history	When did you last visit the doctor/hospital?
L	Last meal	What have you eaten recently & when?
E	Events	What just happened?

Treatment given and time - (include any meds)

Time (24 hr clock)					
Pulse	Rate (per min)				
	Character				
Breathing	Rate (per min)				
	Character				
Temperature	Warm/dry				
	Hot/wet				
	Hot/dry				
	Cold/wet				
	Cold/dry				
Colour					
Level of consciousness	Alert				
	Voice				
	Pain				
	Unresponsive				
Where is the pulse present?	Radial pulse				
	Femoral pulse				
	Carotid pulse				

PULSE character can be described as Strong (S), Weak (W), Bounding (B), Regular (R), Irregular (I)

BREATHING can be described as Deep (D), Shallow (S), Wheezy (W), Bubbly (B), Noisy (N)