



Peak District Climbing Courses' details

General Outline

These are the details for the Rock Courses taking place in the Peak District National Park.

Course Location and Meeting Point

Course participants should meet behind the Spar (beside the Outside shop, Main Road, Hathersage S32 1BB) at 0930 on the first morning of the course (unless told otherwise). The course should finish by 1600 on the second day.

Accommodation

From campsites and barns to youth hostels and B&Bs - it's all to be had in Castleton – [check out some suggestions here](#). And there's always AirBnB!

Public transport:

Take the train to Hope (in the Hope Valley, Derbyshire) and from there you can walk to Castleton (2 miles), get a taxi or take the 272 bus.

Taxis will need to be pre-booked – try these numbers:

Ryders Taxis 07805 029226

SOS Taxis 01433 650975

Paul's Hire 07972 583586

Penny's 07917 710771

Nice 07977 402060

Note – you must make arrangements to find Castleton in Derbyshire – there is more than one Castleton in the UK!

Food

As you please – but you will need to bring a good packed lunch for Saturday and Sunday. Be sure to bring at least 2 litres of fluids per person for summer days.

What to wear & Equipment to Bring

Work on the basis of expectation for getting wet, sun burned and bitten by insects, and you won't go far wrong! If you have any of your own climbing kit (harness and helmet etc) then you should bring this along. However we can provide all technical kit but you should bring:

- Waterproofs
- Loose clothing to climb in
- Trainers
- Insect repellent
- Sun cream
- Packed lunch
- Plenty of fluids to drink
- Camera
- Day sack that can hold your kit plus any group kit handed to you

Unless you have your own rock shoes, bring two pairs of socks – one thick pair, one thin pair. This will help get a better fit with any rock shoes we need to lend you.

Payment of balance

If you have yet to pay the balance, please can you do at the latest 30 days before the course using one of these options:

- By cheque posted to Will4Adventure Ltd, 13 Spring Hill, Sheffield, S10 1ET
- By BACS to: Will4Adventure Ltd Sort code: 05-08-18 Account number: 33259456

Many thanks!

Consent form

Before you can join us on this course we need you to complete [this consent form](#). If you haven't done this yet, please do so now. Unless you have completed this consent form we are not insured and so won't be able to allow you to join us.

Questions

Email Will: will@will4adventure.com as when any questions arise – or call on 07791860163.